



Food collected from food drives helps provide nutritious meals every day to people in New York City who turn to food assistance programs. The Food Bank needs a variety of canned, packaged and nonperishable foods — no perishables — to feed more people. Most-needed foods include:

- **Canned fish or meat**

Tuna  
Salmon  
Spam  
Ham

- **Powdered milk and infant formulas**

Boxed meals  
Pasta  
Potatoes  
Rice

- **Canned or packaged meals**

Macaroni and cheese  
Chili  
Stews  
Meaty soups

- **Peanut butter (plastic jars only)**

- **Canned vegetables and fruits**

All sizes  
All kinds

### **Cereals**

Hot  
Cold

- **Canned juices**

- **Canned or packaged beans**

- **Personal products**

Toothpaste, toothbrushes and dental floss  
Deodorant  
Razors and razor blades  
Facial and toilet tissue  
Diapers  
Feminine hygiene items